

## CONSCIOUS SEDATION

### SIGNS & SYMPTOMS:

1. Severely agitated and violent
2. Poses a threat to you and others
3. Recent substance (alcohol and drug) use
4. Acute psychosis
5. Combative
6. Abnormal violent behavior

### OBTAIN HISTORY OF:

1. Violent behavior
2. Recent head injuries
3. Diabetes
4. Substance abuse
5. Recent trauma or illness (esp. fever, infection)
6. PMH/Meds or allergies

### PRECAUTIONS:

1. Contact or notify law enforcement

### MEDICAL FIRST RESPONDER:

1. Assess and support ABCs.
2. Attempt to calm the patient
3. Assess vital signs (BP, pulse, respirations, O<sub>2</sub> sats) minimally every 10 min.; more often if unstable.
4. Leave the scene if the patient becomes violent

### BASIC LIFE SUPPORT:

1. Consider checking blood sugar levels. If hypoglycemic, follow hypoglycemia procedures.

### INTERMEDIATE TECH / INTERMEDIATE 99:

1. Establish an IV TKO. (If condition warrants and is safe for IV access)
2. If hypoglycemic, follow hypoglycemia procedures.

### PARAMEDIC/RN:

#### Combative or violent patients:

1. Consult with medical control with sedation of combative or violent patients.
2. Consider B52 Cocktail. (50 mg Benadryl, 5mg Haldol, 2mg Ativan) IV/IO/IM
3. Consider 2mg versed IV or IM titrated to patient response up to 5mg
  - A. Respiratory depression and hypotension may occur, assess and support ABC's
4. Consider 2.5 - 5mg of valium IV or IM titrated to patient response up to 15 mg
  - A. Respiratory depression and hypotension may occur, assess and support ABC's
5. Consider 2-4mg of Ativan IV or IM titrated to patient response up to 10 mg (May mix with Haldol)
  - A. Respiratory depression and hypotension may occur, assess and support ABC's
6. Consider 5mg of Haldol IV or IM, titrated to patient response up to 10 mg (May mix with Ativan)
  - A. Respiratory depression may occur, assess and support ABC's

#### Anxious patients:

1. Consider 2-4mg Ativan IV or IM titrated to patient response up to 10 mg
  - A. Respiratory depression and hypotension may occur, assess and support ABC's
2. Consider 2.5-5mg Valium IV or IM titrated to patient response up to 15 mg
  - A. Respiratory depression and hypotension may occur, assess and support ABC's
3. Contact medical control for further orders.

### PEDIATRIC CONSIDERATIONS:

1. Orders for pediatric sedation must come from medical control.



Timothy Steinmetz, MD