

## NAUSEA & VOMITING

### INDICATIONS:

1. Nausea and vomiting associated with vertigo, medication administration and car sickness.

### CONTRAINDICATIONS:

1. Blood in vomit.
2. Trauma related nausea and vomiting.

### MEDICAL FIRST RESPONDER:

1. Assure ABC's are intact.
2. Assist patient into position of comfort or into the recovery position, if appropriate.
3. Begin high flow supplemental oxygen via mask.
4. Assess vital signs (BP, pulse, respirations, O<sub>2</sub> sats) minimally every 10 min.; more often if unstable.
5. Provide psychological reassurance as necessary.

### BASIC LIFE SUPPORT:

1. Initiate cardiac monitoring if appropriate.

### INTERMEDIATE TECH & INTERMEDIATE 99 LIFE SUPPORT:

1. Establish an IV TKO.

### PARAMEDIC/RN:

1. May consider Phenegran 12.5 - 25 mg IV. Use with caution in elderly patients. Consider lower doses for elderly patients (6.25 - 12.5mg)
2. Contact medical control for further orders.

### PEDIATRIC CONSIDERATIONS:

1. Paramedic/RN may consider phenegran for: *Child 20-40 kg*: Administer a single dose of 0.5 mg/kg IV or deep IM up to 12.5 mg. *Child/Infant < 20 kg*: Do not administer.
2. Contact medical control for further orders.



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